

# Fall Rejuvenation Yoga Retreat Oct 6-8

@ Deer Valley YMCA Camp



Lead by Carolyn Weininger – E-RYT500



*Yoga – Meditation – Nature – Community – Self Care*

Friday evening Oct 6 through Sunday lunch Oct 8

Deer Valley camp is located just 3 hours from NOVA in the beautiful hills of Pennsylvania

\$275 - Early bird pricing until August 15th! (\$300 – Normal fee)

Double occupancy

**For More Information Contact:**  
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**To Sign up Contact:**  
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